

Helping Minnesota's Older Adults during COVID-19

Refer to MDH for COVID-19 Information in Minnesota

To protect the public's health and slow the rate of transmission of COVID-19, please follow the Minnesota Department of Health (MDH) for the state's most up-to-date guidelines and information: [MDH's Coronavirus Website](#).

Call the Senior LinkAge Line Available at 1-800-333-2433

The Senior LinkAge Line will continue to be a resource for older adults and their families to call during this emergency situation. We can help people find resources and make connections with alternative services, if someone's provider or support network has changed or temporarily stopped providing services.

The Minnesota Board on Aging (MBA), Minnesota's Area Agencies on Aging and the Minnesota Department of Human Services (DHS) are working closely together to share information and ensure that all parts of the state have the resources they need to support older Minnesotans and caregivers.

Help for Older Adults

If you are on Elderly Waiver, Alternative Care or Essential Community Supports, contact your case manager/care coordinator to discuss your needs.

If you are not on one of these programs call the Senior LinkAge Line for help finding resources in your community including:

- Home-delivered meals
- Grocery or prescription drug delivery
- Help in your home
- Transportation
- Caregiver consultants and respite services

Help for Providers

If providers are changing or suspending services, it is important to ensure each person you serve has information and resources about how they can continue to get the help they need.

If you are serving someone on Elderly Waiver, Alternative Care or Essential Community Supports, contact the person's case manager/care coordinator to discuss their situation.

If you are helping someone who is not on one of these programs, contact the Senior LinkAge Line for help to identify alternative services. If you hear of shortages of services in your area where more volunteers or service providers are needed, please report it to the Senior LinkAge Line, as we are in contact with the MBA and DHS.