

**cityclerk@stacymn.org**

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**From:** Mark Utecht <mayor@stacymn.org>  
**Sent:** Tuesday, July 25, 2023 10:03 AM  
**To:** Jody Boulay  
**Cc:** Michelle Hayes; City Clerk  
**Subject:** Re: Parent's Guide to Fentanyl

I will put this on the agenda for our next meeting.

Mark Utecht, Mayor, City of Stacy

On Tue, Jul 25, 2023, 9:04 AM Jody Boulay <[J.Boulay@addicted.org](mailto:J.Boulay@addicted.org)> wrote:

Hi Mayor Utecht,

I hope you're having a great week. I wanted to follow up with you. I haven't heard back concerning the free Parent's Guide to Fentanyl since our last communication.

Would it be possible to share the guide in your City News?

<https://www.stacymn.org/>

I think it could help a lot of people.

Have a great day.

Jody Boulay

[J.Boulay@addicted.org](mailto:J.Boulay@addicted.org) | DRS

-----Original Message-----

Hi Mayor Utecht,

Thank you for getting back to me and for your help. I want to let you know that our web-based information has a free printable option (pamphlet format) for people to use and your community leaders can distribute it as they see fit. Here you can access the printable resource Parent's Guide to Fentanyl. (English/Spanish) Version.

Also, I have attached our sticker that can be shared on social media and distributed while on patrol. Some police departments are using it this way. It's a printable format with a QR code to access the resource. I hope this may help.

Let me know if it's possible to add the online guide to your webpage so it can be easily accessed by your community.

Have a great day  
Jody Boulay

[J.Boulay@addicted.org](mailto:J.Boulay@addicted.org) | DRS

-----Original Message-----

Yes, I got your email and forwarded it to the rest of our city council.

Mark Utecht  
Mayor  
City of Stacy

On Thu, Jun 29, 2023 at 11:18 AM Jody Boulay <[J.Boulay@addicted.org](mailto:J.Boulay@addicted.org)> wrote:

Greetings Mayor Utecht,

I messaged you last week to share a resource for the parent(s) and guardian(s) in your community. I wanted to ensure that you received my email and see if you could help me with my inquiry.

Sincerely,

Jody Boulay

Community Outreach Coordinator  
E: [J.Boulay@addicted.org](mailto:J.Boulay@addicted.org)  
DRS / Addicted.org

-----Original Message-----

Greetings Mayor Utecht,

We recently created a [Parent's Guide to Fentanyl](#) to help individuals learn more about this drug and provide tips to help educate children.

The resource includes:

- Tips for Parents
- A printable 3-fold pdf pamphlet
- Information on Fentanyl
- Online Safety Tools
- Helpful Videos & Articles

We want to make this free resource available to the parent(s) and guardian(s) in your community.

Thank you for your time, and please let me know if you have any questions.

Jody Boulay

Community Outreach Coordinator  
E: [J.Boulay@addicted.org](mailto:J.Boulay@addicted.org)  
DRS / Addicted.org



# Parent's Guide to Fentanyl!

There is a significant risk for today's generation because of fentanyl. It is a deadly hidden threat. Fentanyl-laced drugs are extremely dangerous.

Parents, guardians, educators, and anyone responsible for children must rely on drug prevention education to safeguard children and teens from this growing threat.



Speak honestly with your kids about choices and risky behaviors.



Stay educated on current drug trends so you can teach your children.



Be clear and consistent about family rules, boundaries, and guidelines.



Listen to what they have to say, respect their opinions, and do not be judgmental.



Encourage positive friendships and encourage them to find things that interest them.



Create a safe space for them to ask questions. Never make them feel wrong for wanting to know more about drugs.



Correct wrong beliefs they may have with factual information. Help them learn, don't just lecture.



Educate them about online safety and safe and healthy social media use.

## How are Kids Getting Fentanyl?



Drug dealers use social media apps for advertising and selling their products. Prospective buyers use the apps and can easily search for drugs using codewords, emojis, hashtags, and other means. Drug traffickers also advertise using posts and stories; as quickly as accounts are shut down, a new one takes its place.

The buyer will direct message or comment on the post using code words or emojis. Conversations will then move to encrypted messaging platforms like Signal, WhatsApp, or Telegram. Once the deal is made, payment is made through Venmo, PayPal, or cryptocurrency. The packages are then shipped via standard post.

This disturbing trend becomes even worse when you realize that the majority of the drug bought this way are usually tainted with fentanyl. Unsuspecting adolescents who think they are experimenting with a non-lethal drug are in grave danger.

## Why Fentanyl is Hard to Avoid

While fentanyl is sold by itself, it is very rarely sought out by kids looking to experiment with drugs. Unfortunately, many individuals who aren't trying to use fentanyl end up in contact with it. This is because it is used as an additive to many illicit drugs. There have been traces of fentanyl found in heroin, cocaine, meth, and even marijuana. There are even fentanyl pills that are pressed to look like other legitimate prescription drugs. Adolescents who are experimenting with drugs are becoming more and more at risk.



## Learn More About Fentanyl!

